

Jane Doe
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Introduction:

As a compassionate and experienced Personal Support Worker with 3 years of experience, I am dedicated to providing high-quality care to individuals in need. With my strong communication and interpersonal skills, I am able to establish trusting relationships with clients and their families.

Work Experience:

Personal Support Worker, ABC Home Care, Toronto, ON, 2020 - present

- Assisted clients with activities of daily living, such as bathing, grooming, and dressing
- Administered medications as prescribed by healthcare providers
- Monitored clients' health and reported any changes to healthcare providers

Personal Support Worker, XYZ Nursing Home, Toronto, ON, 2018 - 2020

- Provided emotional and social support to residents and their families
- Assisted with mobility and transfer activities
- Documented client care in accordance with facility policies and procedures

Personal Support Worker, Acme Home Health, Toronto, ON, 2017 - 2018

- Assisted clients with meal preparation and feeding
- Maintained a clean and safe environment for clients
- Accompanied clients to medical appointments and other activities as needed

Education:

Personal Support Worker Certificate, Seneca College, Toronto, ON, 2017

Skills:

- Strong communication and interpersonal skills
- Ability to work independently and as part of a team
- Knowledge of infection control and safety protocols
- Ability to maintain confidentiality and respect client privacy
- Empathy and compassion for clients and their families